

Perspective

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Outpatient Rehab Now Offered at Crest View

Outpatient therapy services are now available at Fairmount for the first time ever! The brand new Community Rehab Center at Crest View is fully functional and welcoming patients not only from Fairmount's apartments and cottages, but also from the community. The Center opened on April 1 with state-of-the-art facilities offering a full range of outpatient rehabilitation services.

Most people do not give much thought to the accessibility of rehab services until they suddenly need them. Just ask Elizabeth Bell.

"When I first heard of the plans for the new Community Rehab Center, I wondered why they would provide a therapy room at Crest View when rehabilitation services are available just across the street at Wheat Ridge," Elizabeth remembers. "Little did I know I would be the first resident to benefit from the new rehab unit," she adds with a chuckle.

For five years as a Crest View apartment resident, Elizabeth had had no health concerns and enjoyed her totally independent life. As a registered nurse working in Health Care at Fairmount, her focus was on giving aid, not receiving it.

Several months ago, Elizabeth underwent unexpected surgery. As her recovery progressed, she was discharged back to her Crest View apartment with the stipulation that she have therapy regularly. It was then that she learned the value of proximity. Since the new



Resident Elizabeth Bell (left) works with physical therapist Rodelyn Merjudio in Fairmount's new outpatient Community Rehab Center.

rehab unit is right off the Crest View lobby, just 14 steps from the elevator, Elizabeth didn't even have to go outside. There was no need to bundle up against the weather or worry about

(continued on page 3)

Inside . . .

- 2 Teamwork Alive and Well
Volunteers Make a Difference
- 3 Renovations Begin
- 4 Items of Interest
Heritage Day

Teamwork Alive and Well at Fairmount

The President's Perspective



Fairmount Homes Mission Statement

"Fairmount Homes is a ministry with mature adults, providing high quality services, promoting wholeness and creative living consistent with Christ-centered Mennonite Values."

Core Values

- Community • Compassion
- Dignity • Integrity
- Quality • Teamwork
- Trust

Perspective is published quarterly for the residents, staff, volunteers and friends of Fairmount Homes, a Christian retirement community governed by a Board from the Weaverland Conference of the Old Order Mennonite Church.

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Ah, the sun is shining and the snow has finally melted away! However, not so long ago I was looking out my office window at blowing snow and wondering how our team members could possibly make it to work. The weather forecast was calling for more blizzard-like conditions, and the telephone was starting to ring non-stop. As you may know, Fairmount is perched on a hill, making travel during inclement weather even more challenging.

Concerned whether we would be short-staffed, I checked in with Fairmount's various departments and was delighted to discover that we were almost fully staffed. Some team members had packed their bags the day before and spent the night in empty resident rooms or on the floor in conference rooms. Others utilized the volunteer services of our cadre of wonderful, on-call drivers who will take on the elements to pick up staff, while others braved hazardous road conditions and managed to make it in on their own.

*So we, [being] many, are one body in Christ, and every one members one of another.
Romans 12:5 (KJV)*

During the blizzard of 2010, it became very clear that teamwork is alive and well at Fairmount Homes! It encompasses all departments and clearly spills over into our many friends in the broader community. Volunteer drivers sacrificed their time and comfort to get team members to work so they could care for our residents. Working many extra hours, hundreds of team members pitched in and shared the workload without complaint. Board members offered help with snow removal and transportation. Administrative staff slept on cots in their offices so as to be on duty, and maintenance personnel worked around the clock to clear campus roads.

Situations like this prove that teamwork at Fairmount Homes is not just a core value listed on paper. It is an everyday occurrence with life-changing results.

Oh, and by the way ... I am so thankful for warmer spring days!

Jerry D. Lile
President/CEO

On the front lines or behind the scenes, volunteers make a difference!

A great example of group volunteer effort is our annual Ham and Cheese Sandwich Fundraiser. For this event, the Weaverland Conference youth group teams up with Fairmount to solicit orders, then assemble and distribute the sandwiches for the benefit of both groups. In just over two hours they assembled an astonishing 10,300 sandwiches! Fairmount's share of the proceeds will purchase special equipment for the Wheat Ridge Health Care residents. Thank you to the volunteers who serve in order to benefit our residents!



Renovations Begin at Wheat Ridge

The major renovation project about to be launched at Wheat Ridge will dramatically increase the comfort of their surroundings for Health Care residents, as well as relocate and significantly upgrade Fairmount's rehab services. What changes can you expect?

A Home-Like Health Care Setting

Over the next 15 months, Health Care will be totally refurbished, resulting in a new, warmer look and feel. Two sunrooms, one on each floor, will be added where residents and their families can relax and visit together in a quiet place while enjoying Fairmount's panoramic view. All of the common areas in the Health Care section will be given a more homey atmosphere, thanks to the addition of cozy fireplaces, country kitchens, fresh paint, wallpaper and carpeting throughout.



Vice President of Health Services Rachel Zellers and President/CEO Jerry D. Lile discuss plans for Wheat Ridge renovations at the construction site.

The number of private rooms will also be increased. Each will have a wardrobe and a bathroom with shower, allowing residents the option of a greater amount of personal space.

Major Expansion of Rehab

With demand outpacing our current facilities, Fairmount will relocate the rehabilitation unit to the first floor of Wheat Ridge

where we can greatly expand our services. When renovations are complete, we will be able to serve the needs of a greater number of residents both short-term and long-term, inpatient and outpatient, with a wide variety of rehab services.

A Group Effort

President/CEO Jerry D. Lile explains how many of the proposed changes came about: "We certainly have benefited from our architect's experience, but many

of the concepts grew out of meetings with team members and from excellent suggestions received from residents and their families."

As we complete these upgraded environments, we look forward to being able to provide even more of the same compassionate care that has always defined Fairmount. We think you will appreciate our changes!

Outpatient Rehab *(continued from page 1)*

having to cancel therapy because of inclement driving conditions.

When members of the surrounding community need therapy, they may not be quite as close as Elizabeth was, but they too are finding that the proximity of Fairmount's Rehab Center makes it extremely convenient. Once inside, they discover other benefits—like the comfortable atmosphere and competent, caring staff that make their physical, occupational, and speech therapy in Fairmount's new facility a very positive experience.

A graphic invitation for an open house. It features two balloons, one blue and one red, on the left and right sides. A yellow banner with a ribbon-like border contains the text "You Are Invited" in a bold, black, serif font. Below the banner, the text "to the" is written in a smaller, italicized, black, serif font. The main text "Community Rehab Center Open House" is in a large, bold, black, sans-serif font. Below that, the date and time "Monday, May 17, 2010, 2-4 p.m." are in a bold, black, sans-serif font. The address "1100 Farm Crest Dr. Ephrata, PA 17522" is in a smaller, black, sans-serif font. The entire graphic is enclosed in a dashed black border.



Retirement Community
333 Wheat Ridge Drive
Ephrata, PA 17522-8558
717.354.1800
www.fairmounthomes.org

Address Service Requested

Items of Interest

Blood Drive Slated for May

On May 18, 2010, the Central PA Blood Bank will hold a blood drive in the Farm Crest Community Room from 11:30 a.m.-6:30 p.m. Donors may call the blood bank for an appointment at 1.800.771.0059. Walk-ins are also welcome.

Community Health Screen

Quest Diagnostics will be conducting a Health Screen on May 19, 2010, in the Farm Crest Community Room from 6-9 a.m. The Health Screen includes 30 tests, as well as a lifestyle evaluation, for a cost of \$50. For more information or to register for an appointment, please contact Ferne Motto at 717.354.1895.

The Beilers Share Their Story

Jonas and Anne Beiler, best known for founding Auntie Anne's Pretzels, will be sharing their life story in the Farm Crest Community Room Chapel on May 20, 2010, from 6:30-8:30 p.m. The public is invited to attend.

Mailing List Update

If you wish to have your name removed from the mailing list, please call 717.354.1800, write the Managing Editor at the address above, or email carols@fairmounthomes.org.

*Perspectives may be viewed at
www.fairmounthomes.org.*



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Fairmount's 6th Heritage Day

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Saturday, June 5, 2010
8 a.m. - 3 p.m.

Come. Bring friends. Enjoy the day.
Delicious food. Silent Auction.
Storytelling. Quilting. Old machinery.
Buggy rides. Petting zoo.

All proceeds benefit the Sharing Fund.



Questions? Contact
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