

# Perspective

Volume 19, No. 3 | August 2013

## There's No Place Like Home

There's no place like home," the old adage goes. And home is the goal for short-term residents at Fairmount's Rehab Center. However, while getting home is the objective, a short stay in the Rehab Center may be a wise intermediate step after surgery or an illness.

Nearly 220 persons were served in the last two years by our inpatient rehab program. Of those, about two-thirds were not previous Fairmount residents. Getting each of them ready to return home was the goal our therapists worked hard to achieve.

Richard Hackman was one of those whose time at Fairmount prepared him to successfully transition back to his own home. He comments on his rehab stay from the comfort of the armchair in his own home in nearby Ephrata. "I was completely satisfied. The food was good and the nurses were really nice! They even offered me ice cream every night before bedtime."

His wife Lila adds, "They were just as nice to the families. I came in almost every day for five weeks, and they were always so kind to me too."



Lila and Richard Hackman are happy to be together at home again after Richard's short-term rehab stay.



Mabel Swartzentruber worked closely with rehab therapists Noemi Gallego (left) and Alicia Reese (right).

### Making Progress Together

Mabel Swartzentruber, a resident in one of Fairmount's Crest View apartments, is enthusiastic about her two rehab stays. "They were both wonderful experiences," she recalls. "Watching the progress of other people who came in at the same time was really encouraging. We could all barely function at first. But as I worked on my own exercises, I was inspired by the progress the others were making as well."

Mabel was impressed too with the gentle compassion of the therapists. "They were so kind and considerate.

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# Advisory Board Helps Shape Our Future

## The President's Perspective



### Fairmount Homes Mission Statement

"Fairmount Homes is a ministry with mature adults, providing high quality services, promoting wholeness and creative living consistent with Christ-centered Mennonite Values."

### Core Values

Community • Compassion  
Dignity • Integrity  
Quality • Teamwork  
Trust

*Perspective* is published quarterly for the residents, staff, volunteers and friends of Fairmount Homes, a Christian retirement community governed by a Board from the Weaverland Conference of the Old Order Mennonite Church.

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One of my favorite Christian authors and motivational speakers is the late Zig Ziglar, who grew up during the Depression and later became a successful businessman. He authored over two dozen books on salesmanship and motivation. He spread his message of positive attitude, motivation, and success using stories punctuated by short quotes that became legendary. My all-time favorite Zig quote is, "Your attitude, not your aptitude, will determine your altitude."

*"Your attitude,  
not your aptitude,  
will determine your  
altitude."  
Zig Ziglar*

Zig was also passionate about the value of advisory boards and had one for his own company, Ziglar, Inc. His advisory board consisted of wise friends and associates who met several times a year to discuss the impact of their business on America and the world, and to implement the principles of success he championed. Many of their initiatives are still going strong today.

Several months ago, the Fairmount Board of Directors created an Advisory Board with four deacons: two from the Weaverland Mennonite Conference and

one each from the Keystone Mennonite Conference and the Mid-Atlantic Mennonite Conference. These four men meet regularly with our Board of Directors. Their purpose is to serve as ambassadors for Fairmount in their respective conferences. They have already impacted Fairmount positively with their increased spiritual, financial, volunteer, and prayer support.

The Advisory Board hopes to expand its membership to seven or more and include several other conservative Anabaptist conferences. We are blessed to have both a Board of Directors and an Advisory Board to help shape our future!

Just as Jesus urged his followers to go forth and share the Gospel, Fairmount created an Advisory Board to help share the Fairmount story. We appreciate the motivating energy and positive attitudes they bring to the Board meetings, and are sure this group will help to raise Fairmount to higher altitudes!

*Jerry D. Lile*  
Jerry D. Lile  
President/CEO

## Yesteryear a Highlight of Heritage Day!

Once again, Heritage Day proved to be a wonderful opportunity for family, friends and neighbors to gather and reminisce about bygone years amidst a landscape of old farm equipment, antique cars and tractors. The day was blessed with nice weather and a great turnout. Some of the highlights:

- Master craftspeople provided a glimpse of "how it was done in yesteryear."
- Three balers, a potato digger, a well driller, a steam engine and lots of tractors stimulated memories of a bygone era.
- Alpacas and a petting zoo were a hit with everyone.
- Fresh donuts, hand-cut French fries and ice cream churned with hit-&-miss engines were tastes of yesteryear.



The 2013 Silent Auction program concluded with proceeds of \$9,885 for the year. All this great fellowship, fun, and food raised money for Fairmount's Sharing Fund.

*Thanks to all who helped in any way to make Heritage Day a great success!*

*Perspective, August 2013*



# Cottage Project Almost Completed

**W**ork has progressed steadily on the Farm Crest cottage project. To date, five of the six cottages have been sold and only one of the duplex units is still available. If you would like information on the remaining cottage, please call the Admissions Office at 717.354.1800.



## No Place Like Home *(continued from page 1)*

They adjusted their schedules to accommodate mine. I appreciated that they were not rigid; I did not feel like I was being ‘railroaded’ through the system.”

Mabel made friends during her stay. “One roommate and I formed a lasting friendship. We are both home now, but we still keep in touch.”

### Shorter Recovery Time

When retired Fairmount employee Ruth Martin was preparing to leave the hospital after surgery, she realized that going directly home might not be her best option. She considered other rehab facilities and was a bit concerned that being treated in her former workplace might be awkward. But in the end, she chose Fairmount’s Rehab Center and her experience proved very positive. “It felt so homey, and I found I really enjoyed being around people I already knew,” she reflects.

Ruth also discovered there were additional benefits in a residential option. “I received both physical and occupational therapy five days a week. If I had opted for care in my home, or had come in on an outpatient basis, I would have had only one type of therapy two or three times a week. It would have been a much longer recovery.”

When the time came to return home, Ruth was confident in her ability to fully function and be safe in her own home. “Home felt so good because I knew I was ready to be here,” she says, adding, “But I enjoyed being around people all the time during my stay at Fairmount and missed that when I came home!”

There truly is no place like home—most of the time. But there are occasions when Fairmount’s short-term Rehab Center is the very best alternative.

*Welcome!  
Come and see the options  
Fairmount has to offer!*

Fairmount Homes, along with 16 other local retirement communities, is opening its doors for a 3rd Annual Open House. Don’t miss the opportunity to see what cottage and apartment living is all about.

*or. . . just come  
to enjoy the view!*



Retirement Community  
 333 Wheat Ridge Drive  
 Ephrata, PA 17522-8558  
 717.354.1800  
 www.fairmounthomes.org

**Address Service Requested**

**Items of Interest**

**Benefit Auction Needs**

• **Theme Baskets**

Donations of completed Theme Baskets or supplies and/or money toward additional Theme Baskets are always welcome.

• **Dining For Dollars**

Consider hosting a Dining for Dollars event. To host an event, please call 717.656.7810 or 717.733.2509 by August 12.

• **Auction/Flea Market Items**

New items for auction or good used items for the flea market are always welcome.

**Central PA Blood Drive**

The Central PA Blood Bank will hold a blood drive on August 8 from 11:30 a.m.–6:30 p.m. in the Farm Crest Community Room. Walk-ins are welcome until 6:00 p.m. To make an appointment, please call the Blood Bank at 800.771.0059.

**Health Expo**

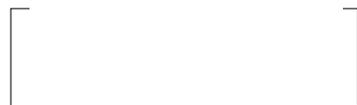
Fairmount is planning a Health Expo on October 10, 8:30 a.m.–3:00 p.m. in the Farm Crest Community Room. Benefit from speakers on health issues; a flu clinic; hearing, vision, heart and diabetes information; and more. The public is cordially invited.

**Mailing List Update**

If you wish to have your name removed from the mailing list, please call 717.354.1800, write the Managing Editor at the address above, or email carols@fairmounthomes.org.



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## Benefit Auction Coming Soon

### Saturday, September 14, 2013

<p style="text-align: center;"><b>Items for Auction</b></p> <p>Rare, out-of-print book by Amos B. Hoover. Scheduled for auction at 11:45 a.m.</p>   <p>Fully restored and functional 77 Oliver Row Crop tractor to be auctioned at 12 noon</p>	<p style="text-align: center;"><b>Schedule</b></p> <p>6:30 a.m. Big John's Breakfast        8:30 a.m. New Life Quartet        9:00 a.m. Auction Begins        10:00 a.m.-2:00 p.m. BBQ Chicken Dinner</p> <p style="text-align: center;"><b>Events</b></p> <p>Candy Drop ❖ Dining for Dollars        Flea Market ❖ Silent Auction ❖ Food Stands        Children's Games &amp; Rides</p> <p style="text-align: center;"><b>Auctions</b></p> <p>Handmade Quilts ❖ Theme Baskets        Children's Auction ❖ Specialty Items        Outdoor Furniture &amp; Plants</p>
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2013 Auction proceeds will benefit the Sharing Fund.

Come ~ Bring friends ~ Enjoy the day!